

CONSCIOUS AROMA

VITALITY RANGE



AROMATIC BISSAP TEAS

Bissap teas are made from the sepals of the Bissap flower (Senegalese Hibiscus).

Bissap is high in anti-oxidants and rich in Vitamin C, Vitamin B (Riboflavin and Niacin), iron and Calcium. Its exceptionally high nutritive value makes it a perfect vitality drink to be enjoyed hot or cold!

PROPERTIES

Bissap can be used to:

- Combat fatigue
- Facilitate digestion
- Relieve coughs and colds
- Regulate bowel movements
- Restore iron levels in anaemia
- Maintain normal blood pressure
- Promote liver and kidney function
- Alleviate colic pain

THE BISSAP RANGE

AN EXOTIC ADVENTURE: ENHANCING THE VIRTUES OF BISSAP WITH AROMATIC HERBS & SPICES

RED BISSAP & MINT

Bissap with a hint of mint make a refreshing tonic. Mint is rich in Vitamin C, iron and manganese. According to Greeks, mint is known to “awaken the spirit and excite hunger”. Mint enhances the digestive virtues of bissap.

RED BISSAP & LEMONGRASS

A harmony blend, combining the highly tonic properties of Bissap with soothing lemongrass. Lemongrass gives a lemony taste to bissap and contributes to the comfort of the digestive tract.

RED BISSAP & GINGER

A Relaxing & Uplifting Blend. Ginger also alleviates nausea, belching and flatulence. Enhances the digestive properties of Bissap.

RED BISSAP & ORANGE PEEL

An energising blend with a natural source of vitamin C from orange peel to boost the immune system

RED BISSAP, CINNAMON & CLOVE

A warming blend with highly stimulating aromas to awaken the senses. Excellent to restore the sense of smell during coughs & colds! Cinnamon also helps to energise by regulating sugar levels.



CONSCIOUS AROMA

DETOX & DIGESTIVE RANGE



KINKELIBA TEAS

Kinkeliba is known in West African Herbalist Tradition as the Longevity Tea! It is a superb detox drink which eliminates excess fluids and eases digestion. The high content of anti-oxidants gives Kinkeliba teas a rich golden colour

PROPERTIES

Kinkeliba teas are highly recommended after fatty meals, celebrations, parties and feasts.

- Kinkeliba helps maintain regular bowel movements
- Kinkeliba is an excellent adjuvant in slimming programmes
- For best results, consume up to three times daily

THE KINKELIBA RANGE

KINKELIBA & MINT:

Mint enhances the digestive properties of Kinkeliba

KINKELIBA & NGUNGUN:

Ngungun (African Basil) is known in African Herbalist Tradition for its calming, relaxing and soothing properties. Added to Kinkeliba, Ngungun helps to relax and unwind after rich meals.

KINKELIBA & LEMONGRASS

Lemongrass also has calming and relaxing properties. It promotes digestion and helps relieve nausea. Kinkeliba & Lemongrass make an excellent digestive and relaxing tea blend.

KINKELIBA & MINT/CLOVE/ORANGE PEEL

Highly digestive and tonic drink. Orange peel helps to give an energy boost

KINKELIBA & DUTE GAMBIE

This is a premium blend which contains two powerful detox herbs, Kinkeliba and Dute Gambie, combined for their synergistic effects. Dute Gambie (Gambian Tea Bush) eliminates excess fluids and relieves bloating. It is a calming tea which helps to combat fatigue. It also helps to relieve aches and pains.

KINKELIBA & DUTE, WITH LEMONGRASS & NGUNNGUN

A premium detox blend with relaxing and anti-fatigue properties

KINKELIBA & DUTE , WITH MINT, CLOVE AND ORANGE PEEL

A superb detox and anti-flatulent blend, with orange peel for an energy boost.



CONSCIOUS AROMA SERENITY RANGE



LEMONGRASS TEAS :

Lemongrass is known in West African Herbalist Tradition as

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PROPERTIES

- Lemongrass is a calming and relaxing herb.
- It promotes relaxation and induces natural sleep when taken before bedtime.
- It is also a natural anti-bacterial and anti-fungal plant.
- Helps maintain healthy skin and prevent spots.

THE LEMONGRASS RANGE

LEMONGRASS & NGUNNGUN:

A natural blend for deep relaxation

LEMONGRASS & GINGER:

A relaxing and uplifting blend, used for its calming effects.
Also good for digestion, belching, flatulence and bad breath.



CONSCIOUS AROMA

HEALERS RANGE



MORINGA TEAS

Produced from moringa, the miracle tree of life
Our moringa teas are made from the moringa leaves
and fragrant moringa flowers.

BENEFITS:

- Boosts energy
- Promotes mental clarity and focus
- Promotes cellular regeneration
- Boosts immune function
- Helps the body's natural healing functions
- Promotes healthy digestion and regular bowel function
- An aid to weight management
- Reduce bloating and water retention
- Promotes lactation in nursing mothers
- Improves fertility

THE MORINGA RANGE

MORINGA LEAF AND GINGER

An uplifting and energizing blend

MORINGA LEAF, FLOWER AND LEMONGRASS

PROPERTIES

Moringa is known as the miracle tree of life, thanks to its highly healing and rejuvenating properties.

Moringa has a high nutritive value. It is rich in:

- Iron, vitamin C (7 x times the vitamin C content of oranges),
- vitamin A, Calcium, Potassium, Amino acids, Antioxidants
- Anti-inflammatory agents

The perfect blend to clear the mind and help to unwind after a busy day



CONSCIOUS AROMA

HEALERS RANGE



JUJUBE TEA

Jujube tea is made from the dried jujube fruit (*Ziziphus zizyphus*), a sweet, olive-shaped fruit of the jujube tree. Jujube teas have a sweet fragrance and fruity taste.

BENEFITS

- Jujube is high in vitamin A, C and potassium. Jujube tea has the following properties:
- Boosts immune system
- helps in treating common cold, and flu
- helps maintain regular bowel function.
- boosts energy
- promotes relaxation
- relieves stress and anxiety
- maintains emotional balance
- promotes natural sleep
- maintains skin elasticity
- promotes cellular regeneration

NUTRIENT DIETARY SUPPLEMENTS



MORINGA POWDER

Moringa is considered to be one of Nature's most nutritious foods. It is rich in: iron, vitamin C (7 x times the vitamin C content of oranges), vitamin A, Calcium, Potassium, amino acids, antioxidants & anti-inflammatory agents

BENEFITS:

- Boosts energy
- Promotes mental clarity and focus
- Promotes cellular regeneration
- Boosts immune function
- Helps the body's natural healing process
- Promotes healthy digestion and regular bowel function
- An aid to weight management
- Promotes lactation in nursing mothers
- Improves fertility

USES:

Add one teaspoonful of moringa powder to water, juice or smoothie to make a highly nutritious drink. Alternatively, sprinkle on salads, cereals or add to stews and stir-fries.

NUTRIENT DIETARY SUPPLEMENTS



BAOBAB POWDER

Baobab powder is made from the baobab fruit, known as the African super fruit! It is highly nutritious, being rich in vitamin C, Calcium, Potassium, fibre and antioxidants (more than in gojiberries, blueberries or pomegranates).

BENEFITS

- Boosts energy
- Improves digestion and regulates bowel function
- Promotes healthy skin
- Boosts immune system
- Promotes physical and emotional wellbeing
- Helps maintain a healthy weight

USES:

Consume one teaspoonful daily. Add to water, juice, smoothie or yoghurt. Can also be sprinkled onto salads.

NUTRIENT DIETARY SUPPLEMENTS



JUJUBE POWDER

Jujube powder is made from the dried jujube fruit. Jujube is now recognised as the next superfood, thanks to its high nutritive value and powerful healing and rejuvenating properties. Jujube powder is sweet and fragrant and is high in vitamin A, C and potassium.

PROPERTIES

Jujube powder is used to:

- Boost energy
- Boost immune system
- Treat common cold, and flu
- Maintain regular bowel function
- Promote relaxation, relieve stress and anxiety
- Promote natural sleep
- Maintain emotional balance
- Maintain skin elasticity
- Promote cellular regeneration

USES:

Consume one teaspoonful daily. Add to water, juice or smoothie or sprinkle onto cereals, salads or yoghurt.